

Packing Quick and Traveling Light

by Jackie Tiani

Here are some tips to ease the chore of packing and save your back while traveling.

- Carry your most important presentation materials with you and ship the rest of your presentation materials ahead.
- Clean out your briefcase, and wallet/purse before your trip, making sure to eliminate extra weight.
- Pack small items in zippered see-through containers to breeze through security and keep your suitcase in order.
- Buy travel sizes or fill little bottles with duplicates of all of your favorite products and keep your toiletries ready to go, rather than moving your full-size toiletries back and forth between your bathroom and your suitcase.
- Use a hanging bag for your toiletries to keep your belongings dry in hotel rooms without sufficient bathroom counter space.
- Use a bag for your toiletries with see-through compartments for your articles, so that you can see at a glance what needs to be replenished.
- Refill your toiletries after each trip before putting your bag away so that you are ready to go on short notice.
- Designate a “travel drawer” or storage bin for storing items that you use exclusively for travel. Keeping items such as your passport, travel wallet, phone & PDA travel chargers, and tanning lotion in a special place will speed packing and ensure you don’t forget important items.
- When packing, make it a habit of packing items in the same place every trip, so you can easily find them.
- Be prepared by putting your most crucial items in a carry-on bag. You can’t afford to be without important files, medicines, toothbrush, clean underwear and makeup if you are temporarily separated from your luggage.
- Invest in comfortable, coordinated, good looking clothes that travel well. You can travel a lot lighter with only a few pieces if you buy the right clothing.